The Crossroads Connection

Volume 3, Issue 2 March 12, 2021

CR Re -Opening After Spring Break

That's Right!

We all have the opportunity to come back to Crossroads in person in April!

The teachers plan to be back in classrooms and the staff is so excited to see your bright, shining faces.

The school day will look a little different than it has in the past, as we can only allow half of the student body into the school each day.

We have developed an A/ B schedule where half of the students will be coming Mon/Tues and the other half will come Th/ Fri. On the days students are not in the building, they are still responsible for accessing lessons on Canvas.

Students coming Mon/ Tues are considered the A Group, students scheduled for Thurs/Fri are the B Group.

As of this publication, the schedule had not been completely worked out. It looks as though we will be in school full days, from 7:30am to 2pm.

For continuity sake, we will continue to have C&C for an hour and 3

85 minute classes.

Sack lunches will be available for all students, we will not be preparing a daily hot lunch, as we cannot gather in the Commons to eat. Students will eat lunch in the classrooms.

Before and after school help will be available as well (10 - 11 am and 2 - 3pm) with the Coalition Champions.

See Champion article on page 3

We will be sure to get you all the info you need to know as soon as the schedule is confirmed.

Conferences: Last week of March

If you haven't already, its time to schedule your conference with your Check & Connect teacher. Conferences will be held via zoom Tuesday 3/30—Thursday 4/1.

Remember that participating in conferences improves your grade in Check & Connect.

If you don't have a parent

that can come to conferences with you, you may invite another family member or trusted adult.

Seniors who have a parent attend their Sr. Project presentation will not have to do a spring conference. If this schedule does not work for you, please feel free to contact your student's Check and Connect teacher. **Tuesday**: 2:30 – 6:30 **Wednesday**: 10:30 – 2:30

CONFERENCE SCHEDULE:

Thursday: 11:30-2:30



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Important Dates to Remember

- CONFERENCES: Tuesday—Thursday March 30 to April 1
- SPRING BREAK April 5—9
- SCHOOL OPENS!!!! April 15
- ASVAB Testing: April 22
- Senior Projects and HSB must be done by April 30
- Community Service and Fines due for Seniors: May 26
- GRADUATION: Wednesday June 2nd Open Doors 4 pm Crossroads 6pm Hi Jewel Stadium

Introducing the CHAMPIONS!

In co-ordination with the Granite Falls Community Coalition, all the schools in the district now have one or two helpers called Champions.

The Champions are here to help in any way possible while we navigate through running school during a pandemic.

In some schools, the Champions are helping with attendance and re engagement. Some are working in the office to assist the school secretaries. At the Boys and Girls Club, they are helping to supervise students on zoom, and working with the overload of students and activi-

Counselor's Corner

As your School Counselor I am here to support you and your family. Know that I am just a phone call, text, email or Zoom meeting away. COVID-19 hasn't been easy or predictable and we understand that students and families are going through things they may never have had to before.

Our support staff has been presenting weekly coping skills in our Monday Assemblies. Please encourage your student to Zoom every Monday at 8:45 am on Zoom ID 4057164006. Here are a couple skills from Michigan Medicine's Department of Psychiatry. ties there.

At Crossroads, our Champions are helping before and after school with classwork or homework, and helping students put the community garden together.

They are setting daily goals and helping facilitate free time if classwork gets done and grades are good.

They will continue to be available before and after school when we start the hybrid, inperson classes in April.

Mindfulness Tool Box

When the mind gets hijacked by strong emotions or stress, there are some simple tools you can use. Examples: simply notice your breath, noticing the sensation of in-breath and out-breath in the body, anchoring yourself to the present moment using both breath and body.

Make sure to take care of yourself as well as your family. You matter, our students matter.



While students can only be scheduled into in-person classes for two days a week, they can see a Champion in the portable on their off days, or before and after school.

Stop by their portable and introduce yourself!

CROSSROADS CHAMPIONS:	
Matson Ovsteadal	
Jess Sorensen	
Marco Diaz	

Below are a couple of practices with acronyms.

S.T.O.P. (Stop, To breathe, Observe & Proceed): Take a breath, and observe what is happening inside you, noting your emotions and thoughts in this moment and acknowledge their presence. With gentle awareness of such presence, proceed.

R. A. I. N. (Recognize, Allow, Investigate & Nourish): Recognize what is here, allow it rather than fighting against it or pushing it away, then investigate where in the body you are experiencing this difficulty, and soothe and nourish yourself.

Vervia's Community Garden Coming to CR Campus

We are so excited to announce the newest CTE project: Vervia's Community Garden!

Our in-person students and leadership class are busy building garden beds, putting together the green houses and creating a beautiful space behind the building at Cross-roads.

The garden will eventually provide fresh food for our students as well as for the GF Food Bank, which is now housed at the Pop Rogers Building next to CR. More info on the garden coming soon. But in the mean time, if you're looking for community service, this is a great opportunity.

What is a Credit Buffet?

Your Crossroads staff knows that this has been the most trying school year ever. Many of you have already tried online school and it didn't work. So being forced to do online school can be very upsetting. So the staff decided you needed to have something creative to do while forced to stay home. That's how the Credit Buffet was born.

Instead of doing large projects with driving questions (think PBL) they decided that being creative might brighten your dreary days. Using nothing more than your cell phone and the supplies you have at home, you can find some very creative things to do on your own.

- Complete an art project: show at least 4 hours of work on a work log, and submit before and after pictures.
- Learn to do something on You Tube. Must clear idea with Wagner first and keep a log.
- Extra credit if you make a video of you doing the learned skill.

The buffet is set up like a buffet at a restaurant. You can pick and choose small items that add up to .25 credit, or you can choose to take on a large task that will be worth .25 credit.

We have assigned each task or project a point value. Some tasks are worth 10 points, some are 25 points and some are 100 points. Once you have 100 points, you can

earn .25 elective credit. There is a staff member assigned to

each item on the credit buffet. That is the person who will answer your questions and assign your points. Be sure to contact the teacher listed if you have questions about that

- Collect menu items from family member and fill out the recipe sheets. 10 pts per recipe.
- Complete a repurposing of a piece of furniture or a piece of art using household items. See Pullen for details.

particular "menu item."

A couple teachers are offering content area credit on the buffet. Carlson has an assignment for Art credit and Stark has offered CTE credit. You must contact those teachers if you plan to participate in their assignments. There are specific standards that need to be met to earn content area credit.

Below are some of the ideas we had for the buffet. Feel free to contact a teacher if you have your own idea! The full buffet explanation and point values can be found on Canvas in School News.

- ♦ Art credit retrieval through Carlson.
- Write a parody of a song or make a skit reflecting on the pandemic.
- Choose a skill from the survivor list to learn or teach. See Roughton or Hanson for point values.

2020-21 Pandemic Time Capsule

There is no doubt that these are unusual times. We keep hearing people say, "Nothing like this has happened since the Spanish Flu epidemic of 1918."

So, since we are all experiencing this once in a century event, we figured this would be a great year to bury a time capsule.

A time capsule generally shows people in the future what our culture was in this time. Most time capsules are not opened for 25, 50 or even 100 years.

Time Capsule definition:

Noun: a container holding historical records or objects representative of current culture that is deposited for preservation until discovery by some future age.



We plan to open our time capsule in just 10 years. We chose a short period of time because we would like the kindergartners of 2021 to be able to experience the opening before they graduate from High School. We would like to include any school appropriate items that you may think of. Of course we will put in a mask and hand sanitizer, but we need your input! What would you include in a time capsule that represents the pandemic of 2020-21?

Crossroads High School

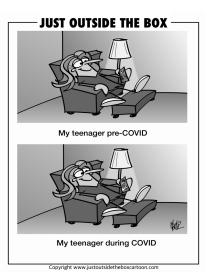
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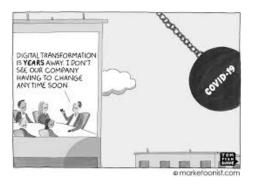
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MONDAY / TUESDAY	WEDNESDAY	THURSDAY / FRIDAY
AA STUDENTS		BB STUDENTS
Busses Arrive: 7:30	Students	Busses Arrive: 7:30
0 Period: 7:35-8:35	Asynchronous	0 Period: 7:35-8:35
1st Period: 8:40-9:05	Learning	1st Period: 8:40-9:05
2nd Period: 9:10-10:05		2nd Period: 9:10-10:05
3rd Period: 10:10-11:05	Teacher Office Hours:	3rd Period: 10:10-11:05
4th Period: 11:10-12:05	9am-	4th Period: 11:10-12:05
12:05 Grab and Go Lunch		12:05 Grab and Go Lunch
12:05 12:40 Staff Lunch		12:05 12:40 Staff Lunch
12:45 - 2:00 Teacher Office Hours, Individual Virtual Academy and BB student zooms		12:45 - 2:00 Teacher Office Hours, Individual Virtual Academy and AA student zooms

Crossroads Corona Virus Funnies









"I GUESS I NEVER REALIZED HOW NON-ESSENTIAL YOU ARE."

